



Online coaching for job search skills

Contents of the coaching

- Job search process and channels
- Labour market situation in your region
- Your professional strengths and development areas
- Job application documents and video CV
- Marketing your skills
- Work-life skills today and in the future
- Different types of job interviews
- Job search methods
- Artificial intelligence (AI), social media, and networks in job search

Benefits for you

Through a five-day self-paced online coaching, you will improve your job search skills and develop readiness for searching for jobs independently. The service includes two hours of individual coaching and tailored job suggestions for you.

Who is the coaching for?

The service is intended for job-seeking clients in the Tampere Region Employment Area who need support and guidance in job searching. Participants are expected to have sufficient digital skills to operate online and the necessary equipment to complete the coaching service for example a device and an internet connection.

How to register?

Register for the coaching by contacting your employment service specialist via Job Market Finland's E-services.

More Information about the service

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